

**Date:** 30 April 2021 to 04 June 2021 (Every Friday)

**Time:** 9:45 am – 11:45 am

**Venue:** Presentation will be done by Zoom

**Enquiry:** Selina MA 604-207-5034 or Fion CHENG  
604-207-5047

**日期：**二零二一年四月三十日至二零二一年六月四日(逢星期五)

**時間：**上午九時四十五分至十一時四十五分

**地點：**網上講座 by Zoom

**查詢：**馬淑君女士 604-207-5034 或鄭嘉媛女士 604-207-5047



## 點石家庭協會

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*What is Needed to Make a Difference? – Couple Relationship Series*  
是時候作出調適嗎？：夫婦篇







**FREE SEMINAR, PRIOR REGISTRATION REQUIRED**  
免費講座須事先登記



## Introduction:

This is a six-session group designed to assist parents to explore, share and aware of his/her personal issues, family dynamics, and difficulties in their relationship and communication. Through this group experience, it is hoped that participants could acquire some strategies in coping with these situations.

## Program:

-  About Marriage
-  Differences between Men and Women
-  Conflict Resolution
-  Keys in Couple Relationship
-  Barriers in Couple Relationship
-  Changes in Expectations

## Language:

Mandarin

## Capacity:







10 – 12 participants



## 簡介:

這是一為期六次的小組。針對今天的父母，常因生活節奏太忙碌，忽略與配偶、子女溝通及相聚時間，結果產生很多個人、家庭和教養子女的難題。本小組將透過討論，小組分享，去探求一些可行的應變方法。

## 內容:

-  婚姻、何物？
-  男女大不同
-  衝突與共融
-  婚姻關係中的要訣
-  婚姻關係中的死穴
-  夫婦期望的落差



## 語言:

國語

## 名額:

10 – 12 人

